



# INTERNATIONAL CONGRESS ON HEALTH AND WINE

*Wine as part of a Healthy Diet and Lifestyle*

***SECOND ANNOUNCEMENT AND CALL  
FOR PAPERS***

***South Africa***

Cape Winelands, Stellenbosch  
September 13 – 16, 2005

Visit our website at [www.sasev.org](http://www.sasev.org)

Dear delegate

Come to experience health and wellness within the heart of the viti- and vinicultural heritage of South Africa!

On behalf of the Organising Committee of **VINDABA 2005 South Africa**, we have the pleasure of inviting you to this Congress to be held 13 – 16 September 2005 in the Cape Wine region. This congress is organized under the auspices of the South African Society for Enology and Viticulture (SASEV) and the International organisation of vine and wine (OIV). **INDABA** is a traditional Zulu word that means ‘**meeting to discuss important matters**’. Wine as part of a healthy lifestyle, and how wine and alcohol impact on health and disease are indeed important matters that merit an open forum for discussion.

This congress offers a unique opportunity for interchange of knowledge and to learn what the latest research findings are in the field of health and wine. The Scientific Program will focus on a wide range of topics featuring original scientific research presentations by well-known experts and provides a platform for oral and poster presentations under different topics. Our aim will be to focus on controversial and fruitful exchange of scientific knowledge between contributors of different backgrounds and to offer an overview on the associations of wine with disease prevention and health promotion. The stimulation of scientific debate between participants from academic institutions and private companies will offer opportunities for further research and international collaboration. The congress is organized to take place prior to the 18<sup>th</sup> International Congress of Nutrition, 19 – 24 September 2005, in Durban, South Africa ([www.puk.ac.za/iuns](http://www.puk.ac.za/iuns)). Delegates may opt to attend both scientific meetings.

South Africa is a country with an interesting and diverse cultural heritage and natural beauty. The Cape flora is unique in the world. The Cape *fynbos* and the semi-desert of Namaqualand bordering the West Coast north of Cape Town explode in a kaleidoscope of wild flowers during springtime – this all happens around the time scheduled for this congress. More information on the South African Tourism Industry may be found on the internet ([www.southafrica.net](http://www.southafrica.net)).

Stellenbosch, the venue of the congress, lies in the heart of the Cape Winelands of South Africa. It features the University of Stellenbosch in the second oldest and one of the best preserved historical towns in South Africa which attracts numerous national and international visitors. This is a wonderful opportunity to learn more about health and wine and to know more about South Africa and its people, vineyards, wine cellars and health sciences.

Sincerely,

Marius Lambrechts  
Chairman  
Organizing Committee

David van Velden  
Chairman  
Scientific Committee

## **Preliminary Scientific Program**

The scientific program covers a wide range of preliminary topics that will be organized into different sections:

### **Keynote Speakers for Sessions**

Opening Keynote Speaker: **Lionel Opie**

#### **Session I Mediterranean diet and overall mortality**

Keynote Speaker: **Antonia Trichopoulou**

#### **Session II Wine and mortality; epidemiological studies**

Keynote Speaker: **Morten Gronbaek**

#### **Session III Wine, haemostasis, inflammation and endothelial function**

Keynote Speaker: **Raffaella De Catherina**

#### **Session IV Wine and lipid metabolism**

Keynote Speaker: **Fulvio Ursini**

#### **Session V Wine, degenerative diseases and the Metabolic Syndrome**

Keynote Speaker: **Federico Leighton**

#### **Session VI Structure, activity and bioavailability of wine-derived phenolic compounds**

Keynote Speaker: **Andrew Waterhouse**

#### **Session VII Social responsibility of wine consumption**

Keynote Speaker: **Creina Stockley**

## Call for Papers

Delegates wishing to present a paper or poster are requested to complete **Appendix B** and to submit abstracts to the Organising Committee **not later than 8 April 2005**. For oral presentations, 15 minutes plus 5 minutes discussion per speaker, will be allowed. Abstracts must be written in English, following the guidelines specified in **Appendix C**. No late applications will be considered. Applications (**Appendix B**) and abstracts faxed to the Organising Committee must be supported by an e-mail with the abstract in MS-Word attached.

Authors will be notified of acceptance of their abstracts, together with specifications for PowerPoint presentations and posters. ***The Scientific Committee reserves the right to change your application for presenting a paper to a poster and vice versa.*** Extended abstracts (3 – 5 pages) for the Congress Proceedings should reach the Organising Committee not later than 1 July 2005.

## Registration Fees

The following fees will be applicable:

Registration for three day package:	R 5 500
Late registration:	R 7 000
Registration for day package:	R 1 750
Late registration:	R 2 000
Registration for student three day package:	R 1 800

It is important to note that all fees quoted in this Second Announcement are in South African Rand (ZAR). The registration fee (refer to Congress Registration Form: Appendix A) will include admission to the opening and scientific sessions, conference kit, refreshments during the conference breaks, daily lunches, social events (for delegates only), gala dinner/dance (for delegates only) and the Scientific Programme, Abstract Book and Congress Proceedings. The registration fee does not cover the cost of the Post Congress Day Tour or any optional tours for accompanying persons that will be organised by Definitely Different ([www.definitelydifferent.co.za](http://www.definitelydifferent.co.za)). Accompanying persons may attend social events and the gala dinner/dance on prior arrangement and payment of additional fees.

## Correspondence

*In order to participate, please complete the **Registration Form (Appendix A)** and return to:*

*Mail:*            **The Organising Committee**  
Vindaba 2005  
South African Society for Enology and Viticulture (SASEV)  
PO Box 2092  
Dennesig 7601, SOUTH ARICA

*Tel:*                +27-21-8093123 / *Fax:* +27-21-8896335  
*E-mail:*            [sasev@arc.agric.za](mailto:sasev@arc.agric.za) / *Website*   www.sasev.org

***Please note: Payment details appear on Appendix A.***

All delegates must register in advance and the **registration fee** should reach us by **1 June 2005**. A late registration fee will be payable on registrations after 1 June 2005. An administration fee of 10% is payable on all cancellations before 1 July 2005. On cancellations after 1 August 2005, a cancellation fee of 30% will be payable, where after no refunds will be made.

## **Congress Venue and Accommodation**

The congress will be hosted at Spier ([www.Spier.co.za](http://www.Spier.co.za)), Stellenbosch, close to the most important tourist attractions and the world-famous Cape Town Waterfront (40 min by car).

The following rates, excluding bank costs, have been secured at Spier for delegates:

Single and double room: R760 /day /room

Breakfast is included.

## **General Information**

### **Language**

The official language of the congress will be English.

### **Time**

South Africa is two hours ahead of Greenwich Mean Time, one hour ahead of Central European Winter Time, and seven hours ahead of Eastern Standard Winter Time, USA.

### **Electricity**

The main voltage in South Africa is 220/230 volts AC at 50 cycles per second. US-made appliances may need a transformer. Three pronged plugs are universal, an adapter may be required. Most hotel rooms have 100-volt outlets for electric shavers and small appliances.

### **Weather**

Cape Town is well-known for its Mediterranean climate, and September temperatures can reach 24 °C. Evenings could be cool to cold.

### **Currency and Banking Facilities**

The South African unit of currency is Rand (ZAR). Foreign exchange facilities are available at Cape Town International Airport, as well as in Stellenbosch and in Cape Town. Banking hours are from 09:00 to 15:30 during weekdays, and Saturday mornings until 11:00. Automated Teller Machines are available in towns and cities and offer a 24-hour service.

### **Transport**

Airport transport

Delegates supplying their arrival details to the Organising Committee will be met at the International Arrivals Hall at Cape Town International Airport on Tuesday the 13<sup>th</sup> of September. Delegates supplying their departure details to the Organising Committee will be transported to Cape Town International Airport on the 17<sup>th</sup> of September. The trip from the airport to Stellenbosch takes approx. 30 minutes.

### **Other**

Delegates not staying at Spier must arrange their own transport, since the Spier Hotel is located 15 minutes by car from the centre of Stellenbosch.

### **Social Events**

All social events (details to be confirmed later) are included in the registration fees. Cash bars will be available for drinks not included on a complementary basis. Dress code to the social events is informal except the gala dinner/dance event which is formal. Persons wishing to accompany delegates to events should do so on prior arrangement and at an additional cost.

### **Accompanying Persons Programme**

Daily packages will be organised for accompanying persons at an affordable price. Please indicate your interest on the registration form. Details of the day packages will be sent to interested persons.

### **Personal Travel and Health Insurance**

Personal travel and health insurance is highly recommended. Malaria prophylaxis is not necessary for most areas of the country, including Stellenbosch. Delegates intending to visit northern and north-eastern areas of South Africa are advised to obtain information regarding malaria prevention.

## **Important Dates**

<b>8 April 2005</b>	Submit registration form and application for scientific presentation <b>(Fax Appendixes A and B to Organising Committee)</b>
<b>29 April 2005</b>	Notifying delegates whether abstract was accepted as paper or poster
<b>1 June 2005</b>	Receipt of registration fee
<b>1 July 2005</b>	Receipt of manuscript for Proceedings
<b>1 August 2005</b>	Cancellation and written request for refunding of registration fee. To be processed after the Conference.

## **Liability**

SASEV or any member of the Organising Committee cannot be held responsible for any loss, damage, injury, accident, delay, or inconvenience experienced by any attending delegate or guest during their travel or stay. The Organising Committee cannot guarantee acceptance for late registrants or late arrivals. All events are subject to SASEV's inability to provide such services as a result of Acts of God, Acts of Government or any other cause beyond SASEV's control.

**\*\*\*\*\* WE ARE LOOKING FORWARD TO WELCOMING YOU TO SOUTH AFRICA \*\*\*\*\***

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Erhard Wolf	South Africa
Maret du Toit	South Africa
David van Velden	South Africa
Riël Tredoux	South Africa
Roleen Carstens	South Africa
Melinda van der Ryst	South Africa

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Arthur L Klatsky	USA
Marius Lambrechts	South Africa
Federico Leighton	Chile
Michel de Lorgeril	France
Gert Loubser	South Africa
Erna Mansvelt	South Africa
Lionel Opie	South Africa
Creina Stockley	Australia
Andries Tromp	South Africa

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Henk Hendriks	The Netherlands
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